

FLTASO 17 Tentative Menus

Monday, August 7

Dinner on your own (Special FLTA menu at Marriott)

Tuesday, August 8

7:35 - 9:15 Marriott Hotel University C+D Breakfast

Sliced Seasonal Fruit Platter | Bagels, Danish, Muffins, Croissants | Scrambled Eggs | Turkey Bacon, Turkey Sausage | Orange, Apple, Cranberry, and Grapefruit Juice | Coffee, Decaffeinated Coffee, Hot Tea | Each day will be one of the following: French Toast, Pancakes, Oatmeal, or Kellogg Cereals with 2% and Skim Milk. Each day will have either Breakfast Potatoes or Hash Browns

11:20 - 12:00 MSU Union Welcome

Freshly Brewed Regular Coffee, Decaffeinated Coffee and a Selection of Fine Teas | Whole Fruit | Assorted Granola Bars

1:00 - 2:00 MSU Union Lunch

THE SICILIAN BUFFET

Caesar Salad with Crisp Romaine, Garlic Croutons, Parmesan Cheese and Creamy Caesar Dressing | Traditional Chicken Parmesan | Baked Rigatoni with Marinara | Garlic Balsamic Roasted Asparagus | Assorted Rolls and Butter | Assorted Cookies

6:30 - 7:30 Downtown E. Lansing Dinner on your own (Special menu at Marriott)

Wednesday, August 9

7:30 - 8:40 Marriott Hotel University C+D Breakfast

Sliced Seasonal Fruit Platter | Bagels, Danish, Muffins, Croissants | Scrambled Eggs | Turkey Bacon, Turkey Sausage | Orange, Apple, Cranberry, and Grapefruit Juice | Coffee, Decaffeinated Coffee, Hot Tea | Each day will be one of the following: French Toast, Pancakes, Oatmeal, or Kellogg Cereals with 2% and Skim Milk. Each day will have either Breakfast Potatoes or Hash Browns

10:15 - 10:30 MSU Union Break

Freshly Brewed Regular Coffee, Decaffeinated Coffee and a Selection of Fine Teas | Whole Fruit | Assorted Granola Bars

11:45 - 1:00 MSU Union Lunch

The Southwest Buffet

Fajita Chicken and Peppers | Flour tortillas and chips | Spanish Rice | Jalapeno Carrots | Sour Cream, Guacamole and Salsa | Churros with Sweet Cream | Bottled Iced Tea

2:30 - 2:45 MSU Union Break

Freshly Brewed Regular Coffee, Decaffeinated Coffee and a Selection of Fine Teas | Whole Fruit | Assorted Granola Bars

5:45 - 8:30 Lake Lansing South BBQ at Lake Lansing (Rain backup is game night and dinner at the Marriott Hotel)

“Vicki Chicken” on a Stick (boneless chicken tenderloin grilled with signature spices) | Cheeseburgers and Veggie Burgers | Grand Salad (Romaine Lettuce, Blue Cheese, Dried Cranberries and Honey Roasted Pecans with Apple Cider Vinaigrette) | Cole Slaw | Corn on the Cob | Dill Pickles | Fresh Fruit | Water and Soda

Thursday, August 10

7:30 - 8:40 Marriott Hotel University C+D Breakfast
Sliced Seasonal Fruit Platter | Bagels, Danish, Muffins, Croissants | Scrambled Eggs | Turkey Bacon, Turkey Sausage | Orange, Apple, Cranberry, and Grapefruit Juice | Coffee, Decaffeinated Coffee, Hot Tea | Each day will be one of the following: French Toast, Pancakes, Oatmeal, or Kellogg Cereals with 2% and Skim Milk. Each day will have either Breakfast Potatoes or Hash Browns

12:15 - 1:15 Wells Hall Lunch
BOXED LUNCH
Chips | Apple | Water | One of three Sandwiches: Roast Beef on honey wheat, Turkey on sourdough, or – for the vegetarians – Roasted Veggie Wrap

3:15 – 3:30 Wells Hall Mini-Break
Granola bars | water

6:30 - 9:30 Marriott Hotel University BCD Farewell Dinner Celebration
INTERNATIONAL BOUNTY BUFFET
Field Green Salad with Assorted Dressings Caesar Salad | Tomato, Onion, Bleu Cheese Platter | Strawberry Cous Cous Salad with Asparagus | Chicken Margherita (Grilled Chicken Breast, Tomatoes, Basil, Fresh Mozzarella, Balsamic Glaze | Filet of Salmon | Mediterranean Pasta (Cavatappi, Roasted Vegetables, Feta Cheese, Roasted Red Pepper Sauce) | Chef’s Selection of Rice, Chef’s Selection of Potatoes, Fresh Vegetables, Array of Chef’s Featured Desserts | Rolls and Butter, Coffee, Decaffeinated Coffee, Hot Tea, Iced Tea, Milk

Friday, August 11

5:00 - 8:00 am Marriott Hotel University C+D Breakfast to-go
BOXED BREAKFAST
Fresh Whole Fruit | Yogurt | Cheese Sticks | Freshly Baked Muffin | Protein Bar | Bottled Juice | Fresh Coffee and Hot Tea to go